

Secondary Breakfast Menu February 2012



=Turkey =Pork =Whole Grain

Meal Prices 2011-2012

	Breakfast	Lunch
Elementary	\$1.25	\$2.10
Middle School	\$1.30	\$2.20
High School	\$1.30	\$2.20
Adult	\$1.70	\$3.35
A la Carte Milk	\$0.50	\$0.50

***Menu Subject to Change

This institution is an equal opportunity provider and employer.

DO IT FOR YOU, TOO.

Volunteering isn't just good for those who might need your help -- it's good for you, too. Serving as a volunteer has been shown to improve self-



confidence, teach job skills, combat depression,

and increase physical activity among volunteers of all ages. That's a wellness win-win!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Available Daily!

Juice
Fresh Fruit
Canned Fruit

DRIVE-IN MOO-VIE



PLAYING DAILY
Your choice of milk with all complete meals
STARRING
Nonfat Chocolate & White,
Lowfat White

Monday, January 30

Cold Cereal
Mini Cinnis
OR
Breakfast Pizza

Tuesday, January 31

Cold Cereal
Chocolate Banana Breakfast Bar
OR
Sausage, Egg & Cheese Biscuit

Wednesday, February 1

Cold Cereal
Strawberry Poptart
OR
Glazed French Toast w/Syrup w/Sausage Patty

Thursday, February 2

Cold Cereal
Morning Mix Up
OR
Cheese Omelet
Toast with Margarine

Friday, February 3

Cold Cereal
Hard Boiled Egg
OR
Egg, Ham & Cheese Biscuit

Monday, February 13

Cold Cereal
Yogurt
OR
Biscuit with Sausage Gravy

Tuesday, February 14

Cold Cereal
Hard Boiled Egg
OR
Egg, Ham & Cheese Biscuit

Wednesday, February 15

Cold Cereal
Strawberry Poptart
OR
Snackin Waffle w/Syrup & Sausage Patty

Thursday, February 16

Cold Cereal
Blueberry Muffin
OR
Breakfast Wrap

Friday, February 17

Cold Cereal
Whole Grain Breakfast Round
OR
Sausage, Egg & Cheese Muffin

Monday, February 6

Cold Cereal
Blueberry Muffin
OR
Breakfast Pizza

Tuesday, February 7

Cold Cereal
Bagel with Cream Cheese
OR
Breakfast Burrito

Wednesday, February 8

Cold Cereal
Yogurt
OR
Cinnamon Glazed Pancakes w/Syrup w/Breakfast Ham

Thursday, February 9

Cold Cereal
Cherry Frudel
OR
Sausage, Egg & Cheese on English Muffin

Friday, February 10

Teachers' Professional Day **No School Today**

Monday, February 20

Cold Cereal
Chocolate Banana Breakfast Bar
OR
Egg, Ham & Cheese English Muffin

Tuesday, February 21

Cold Cereal
Whole Grain Breakfast Round
OR
Scrambled Eggs
Toast with Margarine

Wednesday, February 22

Cold Cereal
String Cheese
OR
Glazed French Toast w/Syrup w/Sausage Patty

Thursday, February 23

Cold Cereal
Strawberry Poptart
OR
Breakfast Pizza

Friday, February 24

Cold Cereal
Cherry Frudel
OR
Pancake on a Stick